

Project HEROES' kids

The State of Alabama Department of Human Resources (DHR) annually works with thousands of families with children and adolescents in an effort to provide safe, stable environments for the children of Alabama. However, some children exhibit severe emotional and behavioral problems that require additional attention. These children may display some or all of the following:

- ◆ **Extreme hostility or anger**
- ◆ **Aggression or violence towards others**
- ◆ **Destruction of property**
- ◆ **Repetitive violation of rules**
- ◆ **Debilitating anxiety**
- ◆ **Pervasive sadness or depression**
- ◆ **Self-injurious behavior**
- ◆ **Disruptive, defiant outbursts**

Approximately 75% of these children or adolescents have both developmental and behavioral disorders that require the expertise of an interdisciplinary team, like the one at Project HEROES.



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Contact Project HEROES

For more information, please call:
205-934-0990

The University of Alabama at Birmingham
is an equal opportunity institution.

Project HEROES

Serving the families of children and adolescents with severe emotional and behavioral problems who are at risk for disruptions in placement

UAB Center of Excellence



**State of Alabama Department
of Human Resources
in collaboration with
UAB Department of Psychology
and UAB Sparks Clinics**

UAB Center of Excellence Project HEROES provides:

- ◆ **Psychological and Psychoeducational Assessments** including cognitive, visual-motor, and behavioral evaluations that can assist in decisions regarding placement and intervention options
- ◆ **Academic Consultations** to provide school staff with the necessary information and recommendations that may assist in providing academic modifications and accommodations
- ◆ **Consultation Services and Case Management Support** when there are conflicting diagnoses or placement and intervention issues that may need additional attention
- ◆ **Follow-Up Services** for additional evaluations that may become necessary as the child or adolescent adapts to new environments or continues to exhibit severe emotional or behavioral disturbances that could again disrupt placements

Appointments with HEROES

In order to schedule an appointment for a child or adolescent to see the Project HEROES interdisciplinary staff, a DHR case-worker or DHR supervisor must complete a referral packet and obtain all necessary family, medical, and individual case histories pertaining to the child. Additional release and consent forms signed by a parent or legal guardian must accompany the records as well. Submit the information and notify HEROES by phone to inform a staff member as to what services may be needed. As soon as the referral packet and all necessary and supporting documents are received, an appointment will be set up as soon as possible.

Please do not hesitate to call with any questions:

(205) 934-0990

How to Find Project HEROES

We offer services at the Civitan-Sparks Clinics located on UAB's main campus:

Civitan-Sparks Clinics / Health Services
University of Alabama at Birmingham
930 South 20th Street
Birmingham, Alabama 35205

